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FOR IMMEDIATE RELEASE

Bukaty Companies Employees Walk Out May 20
Move It & Lose It campaign promotes employee fitness

LEAWOOD, Kan. (May 14, 2008) – Nearly 100 employees of Bukaty Companies, a Leawood-based employee benefit and insurance consulting business, will walk away from their desks and head outdoors at 10 a.m. on Tuesday, May 20 to demonstrate their support of personal fitness.

The walkout is the official launch of the company's Move It & Lose It campaign, an employer-sponsored walking program Bukaty Companies developed and intends to promote among its 1,200 regional employee benefit clients.

"Employers are searching for ways to contain employee benefit costs," said Mike Bukaty, president of Bukaty Companies. "Chronic diseases related to lifestyle choices account for 75% of national medical costs. We want to give people an incentive to improve their overall health. Healthy employees are a win-win for everyone."

According to the U.S. Surgeon General, adults should take 10,000 steps a day to maintain a healthy heart and weight. The Move It & Lose It program provides employees with a pedometer and track sheet to record their daily steps. Incentives are awarded for reaching identified milestones.

"Our employees are encouraged to take a morning and afternoon break," said Bukaty. "Now, we're simply saying, head outside and take a walk."

For more information on the Move It & Lose It program, contact Mary Amundsen, senior vice president, at (913) 345-0440.

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About Bukaty:

Founded in 1991 by Mike Bukaty, Bukaty Companies is one of the Kansas City area's largest and most successful employee benefit and insurance consulting firms. From its early beginnings as a three-person office, the business has grown to nearly 100 employees representing more than 2,500 clients. Bukaty Companies services include: Employee Benefits; Retirement Planning; Wealth Management; Benefits Administration; Human Resource Consulting; Payroll Administration; Property & Casualty; Bonding; and Individual Health and Life.