

## The following healthcare expenses qualify for reimbursement under a **Flexible Spending Account (FSA)** plan.\*

Only healthcare expenses *not* reimbursed by insurance can be claimed.

Acupuncture (excluding remedies and treatments prescribed by acupuncturist)	Endodontist fees	Physician fees (cosmetic procedures not eligible)
Alcoholism treatment	Eyeglasses prescribed by your doctor	Podiatrist fees
Ambulance	Eye examination fees	Prescribed medicines
Artificial limbs/teeth	Eye surgery (cataracts, LASIK, etc.)	Psychiatric care
Chiropractors	Hearing devices and batteries	Psychologist and psychiatrist fees
Christian Science practitioner's fees	Home health care	Radiology
Contact lenses and solutions	Hospital bills	Routine physicals and other non-diagnostic services or treatments
Co-payments (doctor, dental, vision, pharmacy)	Insulin	Smoking cessation over-the-counter drugs
Costs for physical or mental illness confinement	Laboratory fees	Smoking cessation programs
Crutches	Laser eye surgery	Surgical fees
Deductibles	Office visits	Weight loss over-the-counter drugs with doctor's letter of medical necessity
Dental fees (cosmetic procedures not eligible)	Obstetrics and fertility	Weight loss programs with a doctor's letter of medical necessity
Dentures	Oral surgery	Wheelchair
Diagnostic fees	Orthodontic fees	Vitamins, with doctor's letter of medical necessity
Dietary supplements and vitamins with doctor's letter of medical necessity	Orthopedic devices	X-rays and MRI
Drug and medical supplies (syringes, needles, etc.)	Osteopath fees	
	Over-the-counter drugs that are medically necessary like allergy medications, aspirin, or antacids.	
	Oxygen	
	Periodontist fees	

## Items *requiring a physician's letter* listing a medical condition making the item necessary.\*

Bedpans and ring cushions  
Boost®/PediaSure®  
Foot Spa  
Herbs  
Massagers  
Massages  
Minerals  
Multivitamins  
Oxygen  
Reconstructive surgery in connection with birth defect, disease, or accident.  
Special supplements  
Special school for disabled child  
Special teeth cleaning system  
Therapeutic support gloves  
Vitamins  
Weight loss programs and fees pertaining to a specific disease  
Wigs for hair loss caused by disease

## Healthcare expenses that *do not qualify* for reimbursement under an FSA plan.\*

Cosmetic surgery, procedures, and/or medications  
Dental bleaching  
Hair restoration (procedures, drugs, or medications)  
Health club or gym memberships for general health  
Marriage and family counseling  
Over-the-counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician  
Weight loss programs for general health or appearance  
Mail order prescriptions from another country  
Premiums you or your spouse pay for insurance coverage (Payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan.)

*\*Plan restrictions may apply. Check with your plan administrator.*

**Antiseptics**

Antiseptic wash or ointment  
for cuts or scrapes  
Antiseptic mouthwash  
Benzocaine swabs  
Boric acid powder  
First aid wipes  
Hydrogen peroxide  
Iodine tincture  
Rubbing alcohol  
Sublimed sulfur powder

**Asthma Medications**

Bronchodilator/Expectorant tablets  
Bronchial asthma inhalers

**Cold, Flu, and Allergy Medications**

Allergy medications  
Cold relief (liquid, tablets, or drops)  
Cough relief (liquid, tablets, or drops)  
Flu relief (liquid, tablets, or drops)  
Homeopathic sinus medications  
Medicated chest rub  
Nasal decongestant (drops, inhaler,  
spray, or strips)  
Sinus & allergy nasal spray  
Sinus medications  
Vapor patch cough suppressant

**Diabetes**

Diabetic lancets  
Diabetic needles  
Diabetic supplies

Diabetic syringes  
Diabetic test strips  
Glucose meters  
Glucose tablets

**Ear/Eye Care**

Airplane ear protection  
Ear drops for swimmers  
Ear water-drying aid  
Earwax removal drops  
Homeopathic earache tablets  
Contact lens solutions

**Health Aids**

Anti-fungal treatments  
Denture adhesives  
Diuretics and water pills  
Hemorrhoid relief  
Lice control  
Medicated bandages  
Motion sickness tablets  
Respiratory stimulant ammonia  
Sleeping aids

**Pain Relief**

Arthritis pain reliever  
Bunion and blister treatments  
Itch relief  
Orajel®  
Pain relievers, aspirin  
and non-aspirin  
Throat pain medications

**Personal Test Kits**

Cholesterol tests  
Colorectal cancer screening tests  
Home drug tests  
Ovulation indicators  
Pregnancy tests

**Skin Care**

Acne medications  
Anti-itch lotion  
Bunion and blister treatments  
Cold sore and fever blister medications  
Corn and callus removal medications  
Diaper rash ointment  
Eczema cream  
Medicated bath products  
Wart removal medications

**Stomach Care**

Acid reducers  
Antacid gum  
Antacid liquid  
Antacid tablets  
Anti-diarrhea medications  
Gas prevention (liquid, tablets,  
or drops)  
Ipecac syrup  
Laxatives  
Pinworm treatment  
Prilosec®  
Upset stomach medications

**OTC items - requires doctor letter\***

Adhesive or elastic bandages  
Blood pressure meter  
Cold or hot compresses  
Eye drops  
Foot spa  
Gauze and tape  
Gloves and masks  
Herbs  
Incontinence supplies  
Leg or arm braces  
Massages  
Massagers  
Minerals  
Multivitamins  
Saline nose drops  
Special supplements  
Special teeth cleaning system  
Thermometers  
Vitamins

**OTC items - not acceptable\***

Aromatherapy  
Baby bottles and cups  
Baby oil  
Baby wipes  
Blistex®/Chapstick®  
Breast enhancement system  
Cosmetics  
Cotton swabs  
Dental floss  
Deodorants  
Facial care  
Feminine care fragrances or  
facial care products  
Feminine hygiene products  
Hair regrowth  
Insoles  
Low "carb" foods  
Low calorie foods  
Mouthwash  
Oral care  
Petroleum jelly  
Shampoo and conditioner  
Skin care  
Spa salts  
Sun clips  
Sun tanning products  
Toothbrushes

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